



Falls Prevention Clinic – POST ACUTE SPECIALTY SERVICES (PASS) PROGRAM

Service Definition:

The Falls Prevention Clinic is a specialty outpatient (ambulatory) program providing comprehensive geriatric assessment for patients living at home and experiencing a fall or at risk for falls. The assessment includes screening for falls, balance and gait testing. An in-home assessment to identify environmental hazards is also available.

Location:

The Falls Prevention Clinic is located on the Main floor at the Lakeridge Health Whitby (LHW), 300 Gordon Street, Whitby. ON L1N 5T2

Hours of Operation:

Mondays – 9:00 am – 4:00 pm
Fridays – 9:00 am – 12:00 noon

Service Description:

Number of Beds: n/a – outpatient service
Average Age of Clients: 65 and over
Average LOS: n/a
Population Served: Durham Region resident, community referrals accepted
Common Diagnosis: Frail elderly, CVA and other neurological conditions, musculoskeletal, cognitively impaired
Multidisciplinary Team: Psychiatrist, Nurse, Physiotherapist, Occupational Therapist

Inclusion Criteria:

- Must be a resident of Durham Region
- Must be living at home
- Be over 65 years of age
- Experienced a fall or are at risk for falls
- Can ambulate independently with or without a walking aid
- Can arrange their own transportation to and from clinic appointments

Exclusion Criteria:

- Medically unstable (disease processes and/or impairments are declining precipitously or significantly).
- Infectious illnesses
- Wandering/behavioural issues (unless accompanied by family member or guardian)

Cost:

No charge. The rehab services are funded by the Ministry of Health and Long Term Care. The patient may be billed for services if she/he does not have provincial health care coverage or wishes to purchase services not covered by OHIP or requires supplies (e.g. therapeutic materials – cane, theraband, educational materials) not covered by OHIP or a private insurance provider.

Referral Process:

A physician's referral and proper registration with Lakeridge Health are required for services. Application can be made to the Falls Prevention Clinic at (905) 576-8711, ext. 3107.

Application can also be found on www.lakeridgehealth.on.ca
→Hospital programs and services →PASS program → Forms→ Falls Prevention Clinic Referral Form

These guidelines have been developed to assist health care professionals in determining if a patient is eligible for admission to the Post-Acute Specialty Services (Complex Continuing Care, Geriatrics and Rehabilitation) Program offered at Lakeridge Health. If further assistance is required in making this determination, please call the number provided.