

Name of Instrument: **Reassessment Is Safe "Kare" (RISK) Tool**
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Privacy Use Cost: \$

Public Use Cost: \$

Year Developed: 1991

Where to obtain Instrument:

- Contact author

Description of the Instrument

- RISK tool (4-item tool) is the revised and shortened version of the 26-item risk assessment tool (RAT) developed by the same authors.
- This tool will allow for assessment and reassessment of patients' risk for falls.
- The variables derived from the RAT that are statistically related to patient falls are dizziness/unsteady gait/imbalance; impaired memory or judgment; weakness; and history of falls.
- The use of wheelchair is also a category maintained in the RISK from the RAT.

Form of instrument:

- Checklists
- Hazard/Risk Assessment Tools

Method of delivery:

- In-person interview/assessment

Relevance to injury/ Percentage of the instrument specific to injury

- To assess risk for falling of patients.

Time to administer or complete the instrument

- Approximately 10 minutes during admission of acute care, elderly patients.

Methods of data analyses:

- Quantitative

Setting/sample instrument used in:

- Instrument used in units at Olin E. Teague Veterans' Center

Was it pilot tested? No

Pilot test sample:

Reliability Measures**Validity Measures**

- Variables that are statistically related to patient falls according to the Pearson correlation coefficient: a) dizziness/unsteady gait/imbalance, $r = .26, p < .01$; b) impaired memory or judgment, $r = .22, p < .01$; c) weakness, $r = .20, p < .01$; d) history of falls, $r = .13, p < .05$.

Reference

Brians, L.K., Alexander, K., Grota, P., Chen, R.W.H., & Dumas, V. (1991). The Development of the RISK Tool for Fall Prevention. Rehabilitation Nursing, 16(2), 67-69.

Other References

Keywords: falls, fall prevention, elderly, risk assessment, injury prevention.