

Name of Instrument: **Standardized Mobility Test**

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Privacy Use Cost: \$

Public Use Cost: \$

Year Developed: 1976

Where to obtain Instrument:

- Contact author

Description of the Instrument

- Ability to separate out areas of mobility deficit, to evaluate forms of treatment and indicate need for follow-up
- To evaluate the disadvantages and advantages of a form of treatment
- To produce objective, quantifiable measurement/data of independent function
- A patient progress is assessed by clinicians during periodic clinical visits to hospitals/rehab centers.

Form of instrument:

- Injury Surveillance/Tracking tool (by clinician)

Method of delivery:

- In-person interview/assessment

Relevance to injury/ Percentage of the instrument specific to injury

- To evaluate individual patient progress and functioning over the course of rehabilitation from an injury.

Time to administer or complete the instrument

- Months or years depending on the length of the rehabilitation.

Methods of data analyses:

- Quantitative

Setting/sample instrument used in:

- Four specific rehabilitation cases: 1) Spinal Cord Injury; 2) Evaluation of Ambulation Aids; 3) Atypical rheumatoid Arthritis With Severe Emotional Overlay; 4) Progressive Rheumatoid Arthritis.

Was it pilot tested? No

Pilot test sample:

Reliability Measures

Validity Measures

Reference

Mikulic, M.A., Griffith, E.R., & Jepsen, R.H. (1976). Clinical applications of a standardized mobility test. Archives of Physical Medicine & Rehabilitation, 57(3), 143-146.

Other References

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Keywords: rehabilitation, injury, mobility test, level of function.