

Other Things You Should Know



Seniors Mental Health

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For Information, Directions:

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Foundation (for charitable donations): (416) 243-3698



The Canadian Council on Health Services Accreditation (CCHSA) is a non-profit, non-government organization that helps health service organizations across Canada examine and improve the quality of the care and services they provide to their clients. Health service organizations are assessed against national standards every three years.

Accreditation is consumers' assurance of quality care.



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Seniors Mental Health Service

*Offering help to
seniors and their
families*

What is the Seniors Mental Health Service?

- West Park Healthcare Centre's Seniors Mental Health Service provides in-home assessments of seniors living in Etobicoke, York and North York (west of Yonge Street) within the City of Toronto.

Who are our clients?

- The clients of West Park's Seniors Mental Health Service are adults (usually 60 years of age and older) who:
 - ~ show signs of memory loss;
 - ~ display significant changes in mood or behaviour;
 - ~ have difficulty managing safely due to changes in their mental function.
- The service is also helpful for caregivers experiencing stress while caring for a relative and who would like information about local community services and long-term care facilities.

What services do we provide?

- A one-and-a-half-hour assessment is conducted in the client's place of residence.
- Families are encouraged to attend this assessment.
- Based on this assessment, written recommendations for interventions to address the client's mental health problem are forwarded to the client's family physician.
- The service provides practical advice and information regarding how best to provide care for an older individual dealing with a mental health issue.
- The service also provides formal education (lecture series and workshops) to care providers in the community.
- The service refers clients to other community agencies and organizations (when necessary) based on identified needs.

Who provides the assessment?

- The assessment is conducted by mental health professionals, such as social workers and nurses, who have many years of experience helping seniors and their families.

How do you access this service?

- For information about accessing the Seniors Mental Health Service, please call (416) 243-3732.
- Referrals can be made by clients themselves, family members, physicians or other service providers in the community.
- A mental health consultant will respond to referrals within two to three working days.

What is the cost of this service?

- The service is provided at no cost to seniors.

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